Directions to Peter Lougheed Visitor Centre & Penstock Loop
Peter Lougheed Provincial Park

Please meet the guides at the Peter Lougheed Visitor Information Centre:

Head west out of Calgary via Highway 1. Take Exit 118 toward Kananaskis Country. Turn Left onto Kananaskis Trail (Highway 40) south. Follow Highway 40 south for 50km. Turn right onto Kananaskis Lakes Trail/AB-742. Follow Kananaskis Lakes Trail/AB-742 for 2.2km. Continue straight to stay on Kananaskis Lakes Trail/AB-742. Drive another 1km. The visitor centre will be on your left. There are indoor washrooms for the students to use. Then the guides will direct the bus to the Penstock Loop trailhead:

Turn left out of the visitor centre to continue driving down Kananaskis Lakes Trail/AB-742. Drive another 1km and turn right at the Canyon sign, which is just past the parking area for the Visitors’ Center. Follow this road down to the Penstock Loop trailhead.

As you drive, please watch out for Rocky Mountain Big Horn Sheep. They are often found on the road in Kananaskis.

Important phone numbers:

Guides: Lisa (403)703-6422, Julie (403)968-4816, Vanessa (587) 968-3953, Sheri (403)921-2314
CPAWS Office: 403-232-6686